



# Salt Lake DAYcation

A ONE DAY ITINERARY FOR EXPLORING MAIN STREET IN DOWNTOWN SLC

## stay

### HOTEL MONACO

Start your DAYcation with a night stay at the oldest hotel in Salt Lake City.

Located on Main Street, the Hotel Monaco is the perfect place to begin any day in the city.

[www.monaco-saltlakecity.com](http://www.monaco-saltlakecity.com)

## wellness

### YOGA WITH NICOLE

On Wednesday or Saturday, you can start your day with yoga at the Hotel Monaco. Classes are led by SLC local, Nicole, and are open everyone - yes, even beginners!

Class is FREE for those staying at the hotel & By Donation for others who attend class.

[www.nicoleyoga.com](http://www.nicoleyoga.com)

## explore

### WALK THE CITY

Begin your walking tour outside of the Hotel Monaco on Main Street. Read the historic plaque & then continue walking north on Main Street.

Along your walk, pause to read about other historic buildings. At the end of Main Street, visit Temple Square, the Museum of Contemporary Art, or jump on TRAX.

## eat + drink

### brunch

#### EVA'S BAKERY

Sit-down for brunch or grab a pastry + coffee at this local French Bakery on Main Street.

[www.evasbakeryslc.com](http://www.evasbakeryslc.com)

### lunch

#### REGENT STREET

Choose from a variety of delicious local eateries located on Regent Street.

[www.eatathonest.com](http://www.eatathonest.com)

### dinner

#### EVA'S RESTAURANT

Head to the other end of Main Street for a variety of small plates + bites at Eva's.

[www.evaslc.com](http://www.evaslc.com)

### drinks

#### WHISKEY STREET

Read a bit of Utah history on the menu while you wait for your craft cocktail.

[www.whiskeystreet.com](http://www.whiskeystreet.com)

[www.prettybirdchicken.com](http://www.prettybirdchicken.com)

[www.maizetacos.com](http://www.maizetacos.com)